

# Final Symposium of the European project [I-CARE4OLD](#)



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14 May 2025 Amsterdam

[De Bazel, Vijzelstraat 32, Amsterdam](#)



This project has received funding from the European Union's Horizon 2020 research and innovation programme No 965341

## How can novel, *AI-driven decision support* shape future care practice for *older people with chronic complex conditions*? *Lessons learned*

### Meet Researchers, Developers, Users and Discussants

The meeting is intended for researchers, care professionals, and care managers who work with older persons with complex chronic conditions.

- 9.15 **Venue Open**
- 10.00 *Welcome & Main objectives of the I-CARE4OLD project* Prof. Hein van Hout, Amsterdam UMC & Prof. Graziano Onder, Università Cattolica del Sacro Cuore Rome
- 10.20 *Lesson learned #1 What makes interRAI's functional health assessments suitable for AI driven decision support?* Prof. John Hirdes, University of Waterloo, Canada
- 10.45 *Lesson learned #2 How can we use AI to estimate treatment outcomes in individuals?* Prof. Mark Hoogendoorn, AI-expert, VU
- 11.10 **Coffee/Tea break, 20 min**
- 11.30 *Lesson learned #3 How can you use the digital platform for individualized decision support?* Anna Maria Hiltunen, nurse researcher, NHG
- 11.55 *Reflections from the Audience & Panellists*
- 12.30 **Lunch break, 75 min**  
**+ Test the decision support platform yourself & Poster session**
- 13.45 *Lesson learned #4 What is the impact of stopping and starting psychotropic medication?* Dr. Rosa Liperoti, geriatrician, Università Cattolica del Sacro Cuore, Rome
- 14.10 *Lesson learned #5 Individualising Non-pharmacological interventions, what works for whom?* Dr. Emiel Hoogendijk, gerontologist & Dr. Karlijn Joling, epidemiologist, Amsterdam UMC
- 14.35 *Lesson learned #6 Novel prognostics from functional health assessments, what can we predict?* Prof. John Morris, gerontological researcher, Marcus Institute, USA
- 15.00 *Reflections from the audience*
- 15.20 **Coffee/Tea break, 20 min**
- 15.40 *Discussion – How can the lessons learned shape future health care?* Speakers and panellists, moderated by Graziano Onder, scientific director EUGMs
- 16.30 *Summary of the main learnings* Hein van Hout & Graziano Onder
- 16.45 **Closing Reception: Join Us for Drinks and Networking**

**Note** The sessions are video recorded and will be shared online at [news of I-CARE4OLD](#)

NL: *Accreditatie is aangevraagd voor huisartsen, specialisten, en verpleegkundigen ouderengeneeskunde*

## Parallel room:

- **Test the decision support platform yourself** with support of a coach
- **Posters on main findings** with Shireen Aziz, Ilona Baranska, Collin Exmann, Jet Klunder, Daniel Leme Da Cunha, Caitlin McArthur, Jitka Pokladnikova, Ahmer Raza, Agata Stodolska, Eline Tankink-Kooijmans, Paulina Wiśniewska, Adrianna Ziuziakowska.

## Testimonials of interRAI users:

‘Such an instrument is indispensable if you want to provide high-quality, systematic care and treatment’ Geriatrician

‘Thanks to the signals the interRAI instrument provides, we can really think proactively. That gives more job satisfaction’ Nurse

‘interRAI helps to look at things in an integrated way, the signals make you think. They increase my competence’ Nursing Assistant

‘Implementing interRAI meant a substantial change in our way of working. The comprehensive picture gave a boost to interprofessional working’ Manager and GP

**What is InterRAI?** InterRAI comprises an international not for profit collaborative of researchers and care professionals who aim to improve the quality of life of vulnerable people in various healthcare settings through evidence-based decision support.

The basis forms a minimal data set of systematic and periodic observations of someone’s functioning and health issues in a comprehensive way. Evidence-based algorithms flag areas where improvement is possible, or decline can be prevented. This supports professionals to discuss treatment options, start timely actions and inform relevant disciplines.

At an organizational level, aggregation of the data can be used to produce safety and quality insights.

Multiple countries adopted interRAI solutions to facilitate a more proactive and evidence informed health care system.

More info: [NEDRAI](#) & [interRAI international newsflashes](#)

## Partners in I-CARE4OLD:



